



Pornography Treatment Group for Youth

Pornography Treatment Group for Youth (PTGY)

About: Family Services is running an 8-week *therapist-lead treatment* group for male adolescents struggling with the unwanted behavior of seeking out sexual stimulus through pornography.

This group will help illuminate underlying causes, give specific replacement behaviors, and help youth build lifelong resilience.

Who: This group is for adolescent males ages 15 to 18 (18 yr. olds must still be attending high school). Groups will have 4-8 members. No new members will be added once the group starts.

When: Group sessions run 60 mins weekly for 8 weeks, with three 60-minute parent sessions within that time frame. A Parent *Follow-up discussion will be held 4 weeks after the last session. All Sessions are through Zoom. Please call the Gilbert Family Services Office for more details. A wait list is kept for those interested in taking part in upcoming groups.

Start Date: September 12, 2023 @ 4:30 pm (Parent Session)
September 14, 2023 @ 4:30 pm (1st Client Session)

Cost: There is NO Fee for this group

For more information and to register:

Contact us at FAM-AZ-Gilbert@churchofjesuschrist.org or 480-282-8679 with interest. Please include your name and phone number in the request.

Topics Include

- Resilience
- Social Supports
- Thoughts & Emotions
- Brain Development
- Values
- Healthy Sexuality

FIND HOPE,
HEALING, AND
RECOVERY FROM
PORNOGRAPHY